

# **PHYSICAL EDUCATION POLICY.**

## **Introduction.**

This policy was formulated by the school's teaching staff with support and advice from the P.P.D.S.

## **Rationale.**

Ss. Peter & Paul's we believe that physical education plays a crucial role in the physical, emotional, social, academic and spiritual development of children. To that end the staff, B.O.M. and parents are committed to the implementation of a holistic physical educational programme.

## **Aims.**

c.f. Teacher's Guide p. 10

## **Objectives.**

c.f. Teachers Guide p. 11/12

## **Overview of P.E. Programme.**

Infants: c.f. Teacher's Guide p. 14/15  
First/Second: c.f. Teacher's Guide p. 24/25  
Third/Fourth: c.f. Teacher's Guide p. 36/37  
Fifth/Sixth: c.f. Teacher's Guide p. 48/49

## **Aquatics.**

- The aquatics programme from Infants to sixth classes is outlined in the Teacher's Guide p. 62-65.
- Classes from 1<sup>st</sup> to 6<sup>th</sup> engage in blocks of 10 lessons in the local swimming pool.

## **Resources.**

- General Purpose hall.
- Playing equipment (e.g. footballs, basketballs, sliothars, hurley, gym mats, H-hoops, cones etc).
- Playing gear (jersey, socks, togs)
- Playground(2)
- Playing field/green area
- Clonmel Og G.A.A. grounds
- Swimming Pool

## **Sports Day.**

- An annual sports day is held in the Clonmel G.A.A. grounds in early June.
- The Parent's Council organise the events for the day which include running, tug-o-war, long puck, penalty taking.

## **Lesson Plans.**

- Comprehensive lesson plans from Infants to 6<sup>th</sup> classes are available in print form (Resource Office) and on C.D.
- Teachers have been supplied with the C.D.

## **External Expertise.**

- Karen Morrissey runs a comprehensive P.E. programme, incorporating games, athletics and gymnastics for pupils in Infants to 2<sup>nd</sup> classes. Karen also does a bank of eight lessons in gymnastics for pupils in 3<sup>rd</sup> to 6<sup>th</sup> classes (c.f. P.E. policy on gymnastics).
- Maura Tynan does a bank of eight lessons in Dance, featuring dances from various cultures, for pupils from 1<sup>st</sup> to 6<sup>th</sup> classes (c.f. P.E. Policy on Dance).
- Paddy Burke and Noel Russell attend the school on a weekly basis to coach pupils from 1<sup>st</sup> to 6<sup>th</sup> classes in the skills of Gaelic football and hurling.
- The school participates in the inter-schools athletics, hurling & football competitions.

## **Assessments.**

In Ss. Peter & Paul's we view assessment as an integral part of teaching and learning.

### **Assessment techniques will focus on:**

- The social and personal qualities of the child
- Physical skills and competence
- Knowledge and understanding related to P.E.
- Creative and aesthetic development
- Development of health-related fitness
- Development of safe practice

### **The assessment tools employed by the teacher include:**

- Teacher observation (Teachers Guide p. 72)
- Teacher designed tasks (Teachers Guide p. 72/73)
- Curriculum Profiles (Teachers Guide p. 73).

**Review.**

This policy will be kept under review on an on-going basis – time permitting.

**Glossary.**

The Glossary in Teachers Guide (pp. 78 – 81) contains commonly understood working definitions used in physical education.